FOOD◉TRAK®

NUTRITIONAL ANALYSIS MODULE

The FOOD-TRAK® Nutrition Module simplifies the task of identifying and publicizing the nutritional value of food or menu items by providing nutritional data on complete meals or individual food items (served or sold) according to the Food and Drug Administration (FDA) standards and Recommended Daily Allowance (RDA) data.

OVERVIEW

In today's health-conscious environment, food service operations are often encouraged or even required to provide nutritional information to their customers. Factors that are driving this demand include special dietary concerns or restrictions, institutional requirements and competitive pressures. For organizations of a certain size, federal law now requires nutritional information to be posted on the premises and calls for nutritional labels to be placed on all products for take-out. Specifically designed for foodservice operations, such as K-12 schools, universities, supermarkets, healthcare institutions and restaurants, the FOOD-TRAK Nutrition module makes the process of creating and documenting the nutritional content of your products quick and easy by:

- Tracking the nutritional content of each item
- Producing standard FDA style labels that include allergens and an ingredient list
- Calculating nutritional data for recipes using those items
- Reporting on the nutritional content of each product using the USDA Nutritional Database

The module uses either the accompanying most current USDA database and/or client-supplied nutrition data to calculate nutritional values for raw ingredients and complete recipes, providing an accurate method of monitoring the nutritional values of items purchased and menu items served. It meets both the U.S. Government's and Canada's legal requirements for nutritional labels and gives the consumer the information they need to make informed and healthy choices on what they purchase or consume.

MULTIPLE NUTRITIONAL INFORMATION SOURCES

Provides several options for creating nutritional data.

SINGLE INVENTORY ITEMS   You can assign or access nutritional information in two ways:

- Use the most current (2018) USDA Standard Nutritional Database consisting of over 6,000 raw food items to provide nutritional data. This database is pre-loaded on the FOOD-TRAK system and is best used for single items.
- Create your own nutritional model by assigning specific nutrient information to items (e.g. from a label or laboratory analysis information). Easily enter specific amounts and nutritional information.
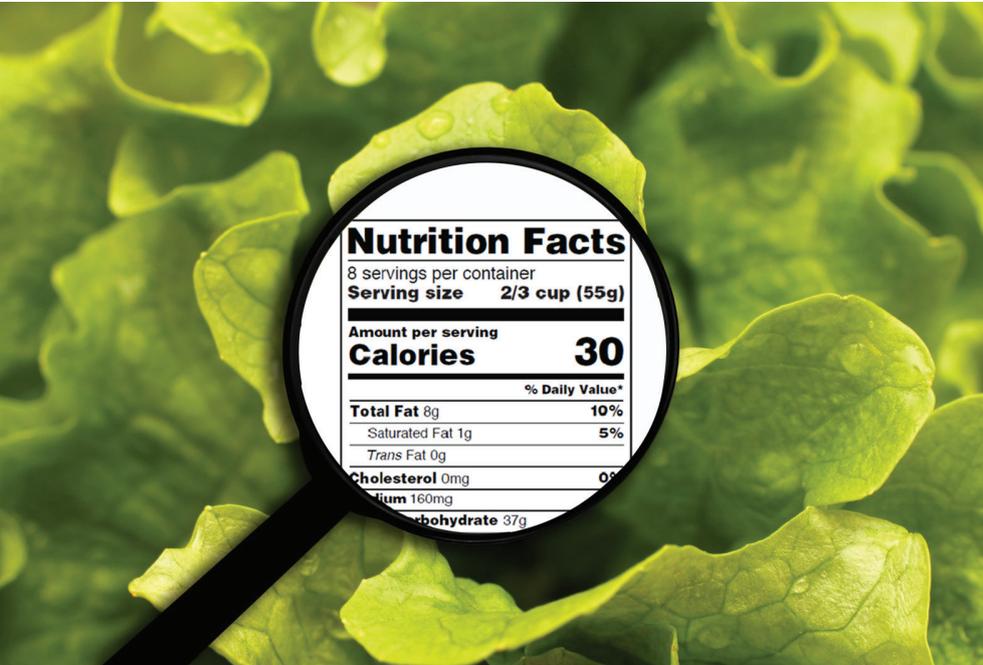
NUTRITION MODULE REPORTS

A variety of reports can be generated containing several types of analysis and summary information. For users needing nutritional details, reports are available for an item's Required Daily Intake (RDI), as well as its full nutritional components.

KEY NEW FEATURES

ALLERGENS: Assign up to twelve common allergenic ingredients to any food or recipe item in the system in order to provide customers with accurate and critical allergen information about your menu items. Allergen information from your suppliers and vendors can also be stored for each menu item and made instantly available to print on an FDA-compliant nutrition label.

INGREDIENT LISTS: Create customized ingredient lists that can be included on your nutrition labels and wording that complies with the appropriate governing agency in your area. The system provides a 500-character text box for entering a list of the specific ingredients in a recipe (and any of its sub-recipes).

FDA LABEL REQUIREMENTS: The key nutrient information and format of the Nutrition Facts label has been updated to comply with the latest finalized FDA ruling.

REPORTS

ITEM NUTRITION REPORT provides users with general nutritional information and displays the nutritional value and RDI (Reference Daily Intakes) in a report format useful for internal analysis of menu offerings. It is useful in determining the better dietary alternative.

SALEABLE ITEM NUTRITION REPORT is the same as the Item Nutrition Report except it reports on the nutritional content of a saleable item.

ITEM NUTRITION LABELS REPORT can be printed in two styles - a one-per-page format or as an Avery 5163 (2"x4") label. Labels can be placed on take-out items, printed directly on menus or on bakery and deli item packages. Barcodes can be included on the labels in order to scan the items during inventory. Recipes and menu items are displayed in the same easy-to-read format that consumers have become accustomed to on pre-packaged goods.

Nutrition Facts

Dinner Salad

1 Servings per container

Serving Size	**227 (227g)**

Amount per serving

Calories **308**

	% Daily Value*
Total Fat 23g	30%
Saturated Fat 4g	20%
TransFat	
Cholesterol 9mg	3%
Sodium 689mg	30%
Total Carbohydrate 22g	8%
Dietary Fiber 5g	17%
Total Sugars 7g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 95mg	7%
Iron 3mg	15%
Potassium 654mg	14%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Contains: Egg, Gluten, Milk, Wheat

Ingredients: Lettuce, Tomatoes, Blue Cheese Dressing (mayo, sour cream, blue cheese, black pepper), Croutons (wheat flour, olive oil, granulated garlic, salt)